

LET'S TALK ABOUT PLAY

IDEAS FOR PLAYTIME WITH YOUR TAMARIKI

For curious, young minds, playing is learning. Playtime is fundamental to your child's early development, helping hone cognitive, social, and emotional skills. Opportunities to play are everywhere! Here are a few ideas to integrate play into your daily routine



LET YOUR TAMAITI EXPLORE YOUR CLOSET. PLAY DRESS UP, OR JUST EXPLORE THE DIFFERENT COLOURS AND TEXTURES.

USE KITCHEN PROPS TO PLAY CHEF WHILE YOU COOK. NAME THE UTENSILS, DESCRIBE THE SPICES AND VEGETABLES AND ENCOURAGE YOUR TAMAITI TO SMELL, TOUCH, AND TASTE THEM.



TURN OUTSIDE PLAY INTO IMAGINATIVE PLAY. ENCOURAGE YOUR CHILD TO ACT OUT THEIR FAVOURITE BOOKS AND MOVIES.



PLAY A GAME OF "I-SPY" WHILE OUT TOGETHER. CHOOSE A COLOUR OR SHAPE AND GET YOUR CHILD TO POINT OUT AS MANY MATCHING OBJECTS AS THEY CAN. ENCOURAGE YOUR CHILD TO EXPLORE TEXTURES AND TO DESCRIBE THE SHAPES AND COLOURS OF THE THINGS YOU SEE.

ROLE PLAY -- ALL IT TAKES IS YOUR IMAGINATION. YOUR CHILD CAN PLAY THE DOCTOR AND YOU CAN PRETEND YOU HAVE A STOMACH-ACHE AND ASK YOUR CHILD TO MAKE YOU FEEL BETTER. TRY ROLE PLAY IN A RESTAURANT OR ON A BUS TOO...



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